



South Wales

Regional Athletic Council

Meeting of the Executive of South Wales Regional Council

Tuesday 27th November 2018

6:30pm, Ron Jones Stadium, Aberdare,

Present: Dai Williams [DW] (Chair) Ron Morris [RM] (San Dom), Pete Morris [PM] (Life Member), John Elward [JE] (Officials Secretary), Vicky Mead [VM] (Ponyclun RR), Graham Finlayson [GF] (Regional Cross Country Rep), Hannah Pretty [HP] (Network Officer), Darran Williams [DaW] (T&F Competition Officer), Bernie Plain [BP] (Cardiff AAC), Graham Webb [GW] (General Council Rep), Geraint Evans [GE] (Pontyclun AC), Jamie Clode [JC] (Secretary), Fred Malkin [FM] (Barry & Vale)

Apologies: Liz Davies (Ogmore PR), Lucy Archer (President), Jen Stone (Treasurer)

1) ACTIONS FROM PREVIOUS MEETINGS

- A) DW to confirm on UKA rule and use revised versions for distribution for upcoming inter-regionals.
ACTION: Ongoing with DW
- B) DW to raise questions around welfare at General Council and in order to have a clear and consistent guideline.
ACTION: DW has emailed Steve to ask if he would come to next meeting to give an update
- C) JC to reissue mail to all members in the room that have not seen – This was completed straight after the last meeting
- D) LH will investigate involvement of Duke of Edinburgh volunteers and liaise with HP to see if there are potential people that may be interested
ACTION No update to date, JC to contact for an update
- E) JC to add item to next meeting to discuss future organisation of the school's competition - Item was added to meeting to discuss
- F) HP and DW to review all medals held in boxes/cupboard and send message so these can be shared out for use – Darran Williams, Welsh Athletics held medals are only to be used for 1st 3, others to be covered by the region. At the WA AGM it was mentioned that some allocation was for medals.

2) DEVELOPMENT PLAN UPDATE

- A) No immediate progress, development plan needs to be aligned to the financial from Welsh Athletics. Needs to be more accountable and make sure what we are doing is justified and planned. Sub groups can take forward of the items. These can be outside of the formal region meetings and feedback as required.
ACTION: JC Circulate notes from HP and plan.
ACTION: To contact HP if wish to be part of sub group

3) KEY OFFICER UPDATES

- A) Network Officer Hannah - Safe guarding course was held, another will be held in the new year. HP are looking to know what room thought would be the best time/day to hold the course. DW at General council, when licence needs renewing after April 1st you will need to renew before licence is renewed via online course. Next week HP & Zoe will be going to talk to parents at Cardiff around officiating on Thursday. Then will be looking to hold a course on Thursday 24th and 31st of January. If there are other clubs interested let Hannah know. HP & Zoe looking to hold others if needed. Need to attend both, indoor champs will be week following. John Elward looking to develop a welcome pack to support new officials. Research has shown that people need and want guidance once qualified.

Official Coach Education side – Zoe Would like to come to talk at next meeting to talk about coach education. Clubs Conference happened and went well, 26 clubs 75 people, good feedback and speaking from those involved. White Rock Runners were keen to get more involved. *Congratulations to Chris Pratt on his presentation*

- B) Chair Dai Williams - CDF have applied to become a member of south region. Hannah will go to meet new clubs and talk them through what it means and what is involved. FM – it would be handy if there was a new joiner pack.

General Council Update – Short and Sweet, Productive, nominations are required for vice chair for next meeting and Lyn Cushion has stepped down as secretary. There is an advert online for the latter. Minutes have been undertaken by a few volunteers. Grassroots grants, more clubs applied for Grassroots than community chest. A rebranding will take place for grass roots as clubs are requesting for the same thing year on year and not looking to modernise. Prioritising projects and innovation is a great way to get money. Other sports access community chest well. January/February Grassroots applications will be open. HP said a handful applied. BP are clubs aware. Hannah talked through community chest grants. JC suggested that it would be good if Grassroots grant could be done via club portal

Highlighted throwing cage changes via UKA, any issues should be addressed via Chris Moss. Venues used most frequently will be prioritised to be supporting through an upgrade.

Regional Updates – Disappointing view that no reps from the track and field committees. All committees, all meetings must submit bullet format of previous meetings. Nobody from West Wales in attendance.

DW was chatting through constitution and East don't have one as this is covered by bye laws. East Wales has no Life Members, Nathan Jones and Arwel both believe there are no life members. Only South has life members.

PM – On formation we decided that we would have life members. DW – Head of operations both state no constitution required. PM – Also an endurance officials secretary has not been elected. BP – Mark Gold happy to represent region on the T&F committee and if not BP will cover. JE and DaW do attend the meeting but not as a south region. DW agreed that would be great. Room agree that is a great idea and accepted.

If anyone has a conflict of interest, JC can email around a form for anyone to make a declaration.

Dates of GC – 8th Jan, 7th March, 7th May, 11th July Joint with Board, 3rd Sep and 7th November.

PM asked who does the minutes of joint meeting DW to find out.

Inter-Regional XC champs Teams – Regional teams are being emailed over with deadline of the 28th to submit for the 30th. Primary races are very undescribed. Anyone of age can run, entries are open until Monday.

ACTION: JC to email around conflict of interest form

ACTION: DW to find out who does the minutes of the joint GC meeting.

ACTION: HP to send around details of the primary races for inter-regionals

- C) Regional champs – Results have been collated by Dan Bodmam **[DB]**, a few errors have been rectified. DB had a delay getting results from Gwent league. Large number of people weren't entered, and he has tried to accommodate them. Jake disqualified for not wearing vest, he apologised.
PM has a corrected version. He has taken and split via age groups using the core data from DB.
This makes 244 runners. This needs to be passed DB to confirm if this correct representation. JC to circulate to clubs to confirm that these are true representation. DaW, every year results are a nightmare and we need support from Gwent League. Needs further review for next year as to how we can get more accurate results.
Maybe a separate event
ACTION: JC to circulate revised results to clubs for comment
- D) Welsh Athletics Dinner – attended by Jamie Clode, Hannah Pretty, Lucy Archer. Jen Stone, Dai Kembrey and wife. It was a really positive night for the region.

4) INDOORS AND VOLUNTEER UPDATE

- A) Peter Gregson in Cardiff has been a great help. JE door stepped Cardiff 3 times and covered from desk all day. Cardiff Archers will cover medal presentation. We need a figure head for presentation. We need a runner from registration to main desk with. We need to give first timers an explanation of what to do next so that there understand. DW – small number of people keeping these events running, clubs need to be told that these events may lose place on fixture calendar if not supported. Update from east that they have covered most places and they plan to assign clubs slots to carry out. Bernie will take medal presentation on Day 2.

5) SOUTH WALES REGIONAL SCHOOLS XC CHAMPS 2019 ONWARDS

- A) DW – no progress so far, need to get wheels in motion, need a sub group to move along. Need to get venues and organising committee to sort.
ACTION: DW to identify sub group to take action forward

6) WELSH INTER REGIONAL XC CHAMPIONSHIPS TEAM UPDATE

- A) Covered in officer update – one pupil was in a team and then subsequently removed as she is East. She has been removed as was a mistake. Can be a challenge but its down to the athlete. FM contacted PM and tried to get contact details to support. PM must be careful of how contact details for schools are shared. Apart from PM its difficult to get hold of pupils.
ACTION: DW to confirm with Steve Jones to see how we get these athletes registered in short notice. Has already contacted regarding matter.

7) COMPETITION PROGRAM 2019

Indoors – 02/12/18 & 06/01/19

UKCAU – 10/03/19 – Selection deadline is end of January, usually 1st 4 from inter regionals, plus others

1 mile – Night of Endurance – 14/09/19

5k - SSAFA fixture 3 – Date TBC

10k – Porthcawl 10k – 07/07/19

Trail Race – Rabbit Run – 15/06/19

Hill Race – Pentyrch Hill Race - Date TBC

Junior Hill Race – Peter Ryder looking at options to hold an event

Combined south an east wales t&f champs – May 2019

Inter-regional T&F – 03/08/19 & 04/08/19

ACTION: JC & DW to confirm dates and distribute with the minutes. Once finalised, post to social media also

ACTION: DW to provide results from 2018 Pentyrch Race

8) AUDIT OF REGIONAL CHAMPIONSHIP PROGRAM 2018

- A) PM - We should have a clear idea of what events we are holding and what medals are given and number of runners. XC has been done.

ACTION: PM to review Jan Indoor and the Outdoor.

ACTION: FM to forward details to DW to help review trail

9) CDF RUNNERS APPLICATION FOR AFFILIATION

- A) CDF will be good and need to manage transfers from the runners who are affiliated at other clubs. Room happy that application should proceed.

10) AOB

- A) OUTDOORS – DaW – All 4 regions will be holding on the same day. East are not allowing seniors and U20 to enter. We are only able to take the spaces after UKA have filled. We have been advised by UKA we cannot move. JC advised would like to Put a proposal for the clubs to decide on view and support or Senior and U20 may fall from event including inter-regional. West are not going to select the seniors and U20. JE – concerned as we do not have officials who will come from other regions as they will be busy. PM – Could we hold events on a Friday night? Possible chance to put them in another event. Triple jump – Boys u15 & girls u15 leave it to build from this year progress and then year after next we can have in our competition.

ACTION: DW/HP – Survey monkey around the options for those affected to see what appetite there is to remove from the event.

- B) Mini Marathon

Do we need to support with officials, question from JE. DW – not to be permitted and then ok for juniors to run and not to be on power of 10. To be held on Wednesday Jan 23rd. DW gave an overview of the event based on Liz Davies email. Winner of each region and 4 fastest losers.

South & East will combine bit separate for results.

ACTION: DW to ask at General Council why Newport, not a significant discussion at road committee and close to another meeting, also no strongest team guaranteed.

ACTION: JE to speak with East to see what has been arranged with regards to officials

11) CONFIRM DATES OF NEXT MEETINGS

- A) Next meeting – no need to meet before 8th of Jan. next GC would be 7th March so meet Thursday 21st of Feb Cardiff. Other meetings for the year as follows:

24th April - Pontyclun

25th June AGM – Venue TBC

10th September - Venue TBC

17th October - Venue TBC

ACTION: BP will get a class room for next meeting on Feb 21st